

# HORSE RACING

# 4

# IDIOTS BETTING SYSTEM

Idiot-Proof Betting System Designed for  
Non-Gamblers Who'd Like to Generate  
Consistent Profits from Horse Betting

by Mohammed Ali

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## Idiot-Proof Betting Method

### Horse Racing 4 Idiots Betting System

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## *Introduction...*

Congratulations on making one of the best financial decisions in your life by investing in my Horse Racing 4 Idiots betting system. I know you're eager to get started so I'm not going to waste your time by making you read irrelevant 'filler' information. However, there are some points you need to be aware of before we proceed.

In this small book, I'm not repeating information that's already covered in my free book titled "How To Safely Manage \$500 & Make Up To \$127 In Daily Profits". So I'm assuming you've already read and understood most of what's covered in the free book. If you haven't, please download your copy from this link:

<http://www.horseracing4idiots.com/free-book-now.htm>

If you've limited funds to work with, I strongly suggest you paper-trial your bets first before committing with real money. I've written my system to cater for people with different risk-taking thresholds. So paper-trials will help you find your own betting comfort zone before going all out with your bets.

As I've mentioned in my free book, being able to handle small financial setbacks in order to make overall profits is just part of ANY moneymaking venture. So please be prepared to handle some losses on the way to riches. You have to accept such losses as part of doing business. No one can win every bet; it's just unrealistic and impossible to do so.

Lastly, I'd like to warn you not to get obsessed with what other people may think of your new found moneymaking venture. When I first started out trying to make money from horse racing betting, almost all of my friends and relatives laughed at me behind my back. The gossip traveled around and

I got to hear about my idea being ridiculed by those I trusted and loved. It hurt. But a few years later I was driving cars that cost more than most of their houses. I'm not gloating on my betting successes but merely trying to point out the situation you may find yourself in. Remember...success is the best revenge for almost everything!

*So let's get straight into it...*

## *The Horse Racing 4 Idiots Principle*

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I've already explained in the free book all about the Horse Racing 4 Idiots principle. However I feel it's important to quickly cover the vital bits here again.

In a nutshell the Horse Racing 4 Idiots principle is all about betting on main favorites that don't carry any of the major risk factors. And in order to assess the main favorites for those risk factors, we use a set of variable filters. So we apply the variable filters to the main favorites of the races we would like to bet on.

Some main favorites will pass all the variable filters clearly and hence become our most secure bets. Some other main favorites may struggle to pass one or more of the variable filters and thus become our not-so-secure bets. Other main favorites may fail most of the variable filters outright and therefore are discarded as not suitable bets.

Once you've applied the variable filters to all the races you intend to bet on, you'll have a list of qualified horses. You can then rank the qualified horses in the order of 'most likely winners' to 'least likely winners'.

### *Figures We'd Like to Achieve*

Without applying any of the variable filters, the main favorite wins 28% of all races with average odds of \$3.20 in decimals. The main favorite also runs in first, second or third 46% of the time with average show odds of \$1.70 in decimals (place odds for UK, Australia & New Zealand).

By using the variable filters you can increase your win strike rate from 28% to between 47% & 68% with average odds of \$2.90 in decimals. You can also increase your show strike rate (place for UK, Australia & New Zealand) from 46% to between 83% & 97% with average odds of \$1.60 in decimals. With this level of strike rate and odds you can easily use the Double Your

Bank, Generate Daily Profits and Parlay/Accumulator money management methods to make consistent profits.

Your actual strike rate will depend on how strictly you apply the variable filters. If you only bet on main favorites that pass all the variable filters flawlessly...then obviously your strike rate will be at the higher end. The winning odds will also vary with each bet due to the numerous factors that affect the final odds. All is explained in the next three sections.



## *Identifying Main Favorites*

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The Horse Racing 4 Idiots system can be applied to any type of horse race. You can use it with all gallop races, including jumping events such as hurdles and steeplechases. It can also be used with harness racing (Standardbred racing). Gallop races are also known as Thoroughbred racing. For UK users...you can use it with both Flat races and as well as National Hunt races.

### *The True Main Favorite*

By now you're aware that winning odds of all horses fluctuate throughout the day, right up till the race is closed for betting. Early in the day the betting pools are small and the odds are very unstable. However as the day progresses, the betting pool becomes massive. A few hours before the race is run, the betting pool stabilizes and the odds of the individual horses do not change much. The horse that is the main favorite once the betting pool has stabilized is your true main favorite. That is the horse you'll be applying the variable filters to. The true main favorite remains the main favorite right up till the race is run. So it's safe to say that an hour before the race is run is the best time to look for main favorites. However, there are times when it's best to spot main favorites 15 to 20 minutes before the race is run. This is explained below...

In some minor races such as country races, the betting pool stabilizes 30 to 40 minutes before the race is run. Sometimes you have to wait till 15 to 20 minutes before the race is closed for betting for it to stabilize. This also happens with some isolated midweek races when not many people are betting on a particular race or meeting. The reason why the betting pool doesn't stabilize early is because the betting pool remains relatively small even as close as a few hours before the race is run. Without sufficient betting volume in the few hours before the race is run, the betting pool will only stabilize 15 to 20 minutes before the race is actually run.

If you spot the main favorite and it's not an Equal race (explained below) but moments later some other horse becomes the main favorite...then the betting pool has yet to stabilize. In such cases its best to spot the main favorite 15 to 20 minutes before the race is closed for betting. When you're starting out and are unsure of when the betting is going to stabilize, simply make your selections 15 to 20 minutes before the race is closed for betting. It will not take long for you to be able to correctly judge when the betting pool has stabilized and it is time to spot the main favorite. Please remember that this situation mainly occurs with isolated country or midweek races...where not much betting interest is taking place on those races. With so many metropolitan and suburban races to choose from each day, you can easily avoid country races altogether.

### ***Equal Races***

Unfortunately some races end up having two main favorites. And in rare cases, sometimes even three main favorites. In such cases two horses with minimal difference in odds fluctuate between being the main favorite and second favorite --even after the betting pool has stabilized. One minute the first horse is the main favorite, minutes later the other horse becomes the main favorite. This phenomenon continues right up till the race is run. I call such races 'Equal' races as it involves two horses with almost equal winning chances. You should NOT bet on Equal races.

### ***Open Races***

Open races have a clear-cut main favorite but the second favorite trials not so far behind. So the difference in odds between the main favorite and the second favorite would be quite small. Let's say the main favorite is paying \$3.10 for a win and the second favorite is paying \$3.90. The difference is only \$0.80, which is not much. This would then be an Open race. In Open races the main favorite is not considered to be far superior when compared to the second most favored horse (second favorite). You can bet on Open races.

### *Closed Races*

Closed races have a clear-cut main favorite, which is considered to be far superior to the second favorite and also to the rest of the horses in that race. So the difference in odds between the main favorite and the second favorite will be relatively big. Over the years I've noticed a rough pattern that identifies Closed races. The winning odds of the main favorite in Closed races usually sits between \$1.50 to \$2.30 and the gap between the main favorite and the second favorite is at least \$2.00. This is not a rule, just a pointer to help you quickly identify Closed races. You'll also notice that some races fall somewhere in between Open and Closed races. You can bet on Closed races.

## *The Variable Filters*

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The following variable filters are to be applied only to the main favorite of the race, after the betting pool has stabilized and the main favorite is clearly standing out from the rest of the horses in the race. The first two variable filters are applied to the race in general but the rest are applied directly to the main favorite.

NOTE: Variable filter #9 doesn't apply to harness races. So ignore variable filter #9 when betting on harness races.

### ***Variable Filter #1***

The race should NOT be a maiden race.

### ***Variable Filter #2***

The number of horses in the race should be 13 or less after all scratching is done.

### ***Variable Filter #3***

The main favorite should have either come first, second or third at its last race.

### ***Variable Filter #4 (ignore this filter if the main favorite won its last race)***

If the main favorite came second or third at its last race, it should have finished the race within 2 lengths or less from the winner.

### ***Variable Filter #5***

The main favorite should be racing in track conditions similar to what it ran at its last race.

***Variable Filter #6***

The main favorite should have raced within the past 21 days.

***Variable Filter #7***

The main favorite should not be going up or down in distance by more than 300 meters in this race when compared to the distance it ran at its last race. (300 meters = 1.5 furlongs or 328 yards)

***Variable Filter #8***

The main favorite should not have an apprentice jockey/driver.

***Variable Filter #9*** *(ignore this filter when betting on harness races)*

The main favorite should be carrying the same or less weight in this race when compared to the weight it carried at its last race.

## ***The Importance of the Variable Filters Explained***

### ***Variable Filter #1 - The race should NOT be a maiden race.***

Horses in a maiden race have yet to win a race hence they carry major risks and cannot be relied upon for a fair performance. Maiden races are clearly marked as 'Maiden', 'Mdn' or similar. All other race types can be used.

### ***Variable Filter #2 - The number of horses in the race should be 13 or less after all scratching is done.***

All scratching is usually done early in the morning and the exact number of runners in the race are confirmed an hour or so before the race is open for betting. Races with too many horses have two disadvantages. The first is that statistically the chances of the main favorite winning are reduced. Secondly, the main favorite could get blocked due to having to overcome too many other competitors. If the main favorite leads the race all the way, that's great. But if it has to overtake several horses at any stage of the race in order to try and get to the front...then it could get blocked if there were too many horses on the field.

This will deny the main favorite a fair run and hence is a risk. I've found 13 or less horses in a race to be a safe number. Obviously the fewer horses there are in a race, the better it is for the main favorite's chances of winning.

### ***Variable Filter #3 - The main favorite should have either come first, second or third at its last race.***

To avoid picking out a potentially dud main favorite, we have to ensure the horse is in its winning form. Main favorites that won their last race are obviously at their prime winning form and therefore do not require to go through variable filter #4. But main favorites that came second or third at their last race should be assessed further using variable filter #4.

***Variable Filter #4 - If the main favorite came second or third at its last race, it should have finished the race within 2 lengths or less from the winner. (ignore this filter if the main favorite won its last race)***

If a main favorite came second or third at its last race, we have to ensure it ran as close as possible to its full ability. The best way to check this is to ensure it finished the last race within 2 lengths or less from the winner. Finishing within 2 lengths or less indicates a very strong finish and that it will highly likely repeat that performance. Obviously the shorter the distance from the winner, the better the chances of the main favorite to repeat that effort.

***Variable Filter #5 - The main favorite should be racing in track conditions similar to what it ran at its last race.***

The track condition of the main favorite's last race does NOT have to be exactly the same as the race its about to run. For instance, for turf (grass) tracks I'll consider the following conditions to be similar: hard, firm & good. For dirt tracks the following are considered to be similar: fast & good. I usually don't bet when a track is classed as soft, sloppy, slow, etc. Such tracks could quickly turn into 'heavy' as soon as a few races have run on it. Remember, track conditions can also be indicated by abbreviations such as 'gd' or 'g' for good. This information is covered in the free book.

***Variable Filter #6 - The main favorite should have raced within the past 21 days.***

If the main favorite ran its last race several months ago and did really well, there are no guarantees it can repeat a similar performance in the race its about to run. However, if that last race was only seven days ago, the chances of it repeating a similar performance is extremely high. The timeframe between the main favorite's last race and its current race matters a lot when it comes to expecting an exceptional performance. I've found 21 days (3 weeks) to be the longest acceptable gap between the main favorite's last race and the race its about to run. Obviously the shorter the gap is the better are

the chances of the main favorite repeating a performance similar to that of its last race.

***Variable Filter #7 - The main favorite should not be going up or down in distance by more than 300 meters in this race when compared to the distance it ran at its last race. (300 meters = 1.5 furlongs or 328 yards)***

Just like human athletes, horses don't cope well with changing distances from one race to the next. Ideally the horse would love to run the same distance as its last race. However I've found (plus/minus) 300 meters to be an acceptable change that the horses can cope with. I've also found that horses prefer a slightly longer distance to a slightly shorter one...when compared to the distance of its last race. For example a main favorite ran a 2100-meter distance at its last race. For its current race it would cope better with a 2300-meter distance. It would NOT cope as well with a 1900-meter distance.

***Variable Filter #8 - The main favorite should not have an apprentice jockey/driver.***

Apprentice jockeys/drivers are still learning the ropes of serious horse racing so therefore contain a certain amount of risk. For this reason I avoid betting on main favorites with an apprentice jockey/driver. Apprentice jockeys/drivers are indicated by the letter '(A)' or '(a)' next to their names. In gallop races the jockey can also claim weight allowances. The weight allowance amount is indicated next to the letter '(A)' or '(a)'. Example: L. Jones (a7). In this case jockey L. Jones is an apprentice who's claiming seven pounds. Overall not many races involve apprentice jockeys/drivers.

***Variable Filter #9 - The main favorite should be carrying the same or less weight in this race when compared to the weight it carried at its last race. (ignore this filter when betting on harness races)***

This filter is pretty logical. You don't want the main favorite to carry any more weight than it did at its last race. Any extra weight the horse has to carry will affect its speed and hence its chances of winning. Some horses



cope surprisingly well with small to average increments in weight increases. However, I'd be worried if the weight is increased by 4.4 pounds (2kg) or more. This filter doesn't apply to harness races.

Depending on the sort of outcome you'd like to expect from your selections...you could apply these variable filters either strictly or loosely. The next section explains all about it.

## ***Controlling Odds, Strike Rates & Profits***

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Now that you've read through all the variable filters, you're probably wondering how to go about applying it to the main favorites. The best way to get started is by first establishing your own Betting Comfort Zone.

### ***Betting Comfort Zone (BCZ)***

When you apply the variable filters, you're doing nothing more than assessing the main favorite for the most logical risk factors. Each of those variable filters gives you a somewhat definitive gauge to assess the risks. However, many main favorites have won or run in first, second or third even after not passing one or more of those variable filters. Plus, a small percentage of main favorites have also failed to run in first, second or third even after passing all the variable filters. Confused? Well don't be...it's all explained below.

You see...no betting system can guarantee you'll win every bet simply because you followed all the rules. Also, there can be no guarantees that you won't win a bet simply because you broke some of the rules. However what I've given you is a proven spectrum of scenarios. By assessing how strictly or loosely each of the main favorites passes the variable filters, you can rank your bets accordingly to the amount of risks they carry. And your assessment and ranking is backed by my two decades of extremely profitable results.

The point I'm trying to make is that you need to find your own Betting Comfort Zone. You can do this by applying my variable filters to main favorites and ranking them in order of 'safest bets' to 'least safe bets'. After examining the results of half a dozen or so race days, you'll be able to assess which types of bets you're comfortable betting on.

And as time goes on, you'll fine-tune your Betting Comfort Zone even further.

### *Spectrum of Scenarios*

Based on the types of races we've discussed (Equal, Open & Closed) and the various variable filters, the following would be the best-case scenario for a SUPER-SAFE bet:

The main favorite is running in a Closed race. It's a non-maiden race with just 8 horses. The main favorite won its last race. The current track condition is similar to that of the last race. The last race was just seven days ago. It's running the exact same distance as its last race and doesn't have an apprentice jockey/driver. And for gallop races, it's carrying less weight in this race when compared to its last race.

Although you may not always find such super-safe bets at every meeting, it should not be hard to locate bets that are close enough. I've merely given you the best-case scenario so you have a baseline to work from. You don't have to exclusively look for such bets.

As you've probably figured, main favorites running in Closed races produce higher strike rates but lesser odds when compared to main favorites running in Open races. So to increase your average payout, you should focus on main favorites running in Open races. In order to increase your average strike rate, you should focus on main favorites running in Closed races. Please keep in mind that some races will lean more towards an Open or Closed race...as suppose to being a straightforward Open or Closed race.

### *Finding Value*

Also, keep in mind that making consistent profits is your main aim. You don't want to increase your average payout at the expense of heavily reduced strike rate and vice versa. The trick is to balance strike rates and payouts and achieve the best possible value. People look for value in different ways. Some people prefer to bet mainly on Closed races and enjoy a very high strike rate. They'd also bet only for a show (place bet for UK,

Australia & New Zealand). Even though their payouts will be smaller, they can still maintain a very high profit level due to their high strike rate.

Other people may prefer to bet mainly on Open races. They'd also want to cover as many races as possible. The rest of the crowd may fall somewhere in between of these two extremes. Again, it all boils down to finding your own Betting Comfort Zone.

### ***Safest Bet of the Day***

It doesn't matter when or where you bet, each day you should be able to find your safest bet of the day from the set of races you plan to bet on. The more races you cover, the better your chances of finding safer bets. Your selections will rank from your safest bet of the day to all the way down to the least safe bet.

Your safest bet of the day doesn't necessarily have to be from a Closed race and to have passed all the variable filters flawlessly. It just needs to rank the safest in YOUR list of selections. Obviously if you all of a sudden decided to cover more races, you may find a new main favorite which has passed all the variable filters even more strongly than your current safest bet. Now you'll have to rearrange your list by putting this new main favorite on top of the list.

The point I'm trying to make is that regardless of how well or badly your set of main favorites pass the variable filters, you will have your list of safest to least safe bets each day. Using this list, you can make the most logical and informed betting decision on the day. Your chances of finding SUPER-SAFE bets increases when you cover more races.

## ***Obtaining Form Information & Where to Bet***

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I've already fully covered information on obtaining form guides and places to bet in the free book...so I'll just state the main points here again.

### ***Getting Form Information in USA/Canada***

USA and Canada markets are covered by the following websites:

<http://www.drf.com>

<http://www.equibase.com>

Remember...you can also get form guides in printed format. These are published in horseracing newspapers and available at newsstands, at the tracks and also at betting shops. They don't cost a lot and generally cover races from just the local area. The two online sites I've recommended above cover almost all major races country wide inclusive of both, USA & Canada...and only charge a small subscription fee per meeting. Your total expense will depend on how many meetings you like to bet on. If you are on a tight budget, I suggest subscribing to only major meetings...or betting during the weekends only...or purchasing the printed version and betting on races in your local area only.

### ***Getting Form Information in the UK***

The following site would be my first choice:

<http://www.racingpost.co.uk>

You can also get printed versions of form guides in racing newspapers and special publications available at newsstands, at the tracks and betting shops.

### ***Getting Form Information in Australia***

The Sportsman has been the major racing newspaper in Australia. It carries comprehensive form guide for all major meetings. It's available at all good newsstands and thankfully now online as well. You can order the electronic version of the Sportsman directly from their website at:

<http://www.thesportsman.com.au>

### ***Getting Form Information in New Zealand***

Unfortunately New Zealand currently only has printed versions of the form guide. The two publications that cover this market are:

Best Bets

Turf Digest

You can buy these two publications at newsstands, bookshops, service stations and TAB betting outlets.

### ***Where to Bet in USA/CANADA***

Depending on where you live, you can bet at the racetracks, casinos, betting agencies/houses/outlets & use phone betting. As for Internet betting, here are three sites I recommend you use. You can open your account with any of the sites, all three equally preferable:

<http://www.youbet.com>

<http://www.betus.com>

<http://www.bookmaker.com>

### ***Where to Bet in the UK***

You have various options. You can bet at the racetracks, betting agencies/houses/outlets & use phone betting. As for Internet betting, here are three sites you can confidently use. The three sites I recommend in order of preference are given below. It's best to open an account with just one site.

<http://www.ladbrokes.com>

<http://www.bet365.com>

<http://www.vcbet.com>

### ***Where to Bet in AUSTRALIA***

The TAB outlets seem to be the most common places. They also offer Internet and phone options. You can also bet at the racetracks, other betting

agencies/houses/outlets & use phone betting offered by other bookmakers.  
For Internet betting here's the site I recommend you use:

<http://www.tab.com.au> (AUST)

### ***Where to Bet in NEW ZEALAND***

Comprehensive New Zealand racing is only covered by New Zealand TAB outlets. They offer Internet and phone betting options. You can also bet at the racetracks. The New Zealand TAB also covers some Australian races. You can also easily open an account with the Australian TAB website since you can access Australian form info using the electronic version of the Sportsman. Here's the Internet site I recommend you use for New Zealand betting.

<http://www.tab.co.nz> (NZ)

## ***Money Management Methods***

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You should have a good understanding of the main money managements techniques discussed in the free book by now. So I'm just going to give you some pointers.

### ***For Double Your Bank & Generate Daily Profits Methods...***

- Start out by betting for a show (place bet for UK, Australia & New Zealand).
- To play it safe initially, focus on main favorites that are running in Closed races and have passed most of the variable filters.
- Weekend betting has traditionally produced the most super-safe bets.
- If you cannot find safe bets in one venue/meeting, explore others.
- If you're betting in a relatively small market or on only a few venues/meetings and cannot find bets that are safe enough, it's best to wait for more favorable bets to appear.
- Being selective with your betting is a good thing. It's better to have made 5 bets and won them all than to have made 8 bets and to have won 6.
- Don't be afraid to bet only when you believe you've found qualified selections with better value odds.
- Above all it's best to find your own Betting Comfort Zone and then only start betting intensively.

### ***For Parlay/Accumulator Method...***

- I strongly recommend you bet for a show (place bet for UK, Australia & New Zealand).
- It's best to focus your bets on the best bet of the day.
- If you cannot find safe bets in one venue/meeting, explore others.
- There's nothing wrong with trying to play it safe by betting only when you find super-safe bets or bets that are close to being a super-safe bet.



- Don't be fooled by thinking that small but safe payouts are not worth the effort. I've made hundreds of thousands with small to average odds – just look at some of my recent parlay examples in the free book.
- If running 5-bet parlays appear too stressful in the beginning, start out with just 3-bet parlays.
- I personally prefer 5-bet parlays but you can choose any number of bets. Again it all boils down to your personal Betting Comfort Zone.

## ***Frequently Asked Questions***

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I've tried my best to answer all anticipated questions within this book and also the free book. However I do understand that some of you still may have questions. So I've created a Frequently Asked Questions page online. Having an online FAQ page allows us to easily update that page as new questions are answered and added to the list.

### ***Here's the Online FAQ Page Link***

Please carefully read through the free book and this book before submitting questions. You can use the "Find" tool from your Acrobat reader to find specific words or terms within the entire document. Doing so will help you locate the relevant answers quicker.

Also read through the list of questions that have already been answered at the online FAQ page before submitting your questions. Here's the link to the online FAQ page:

<http://www.horseracing4idiots.com/faq.htm>

If you still do not find answers to your questions, please do email us. The email address you can use to contact us is on top of the online FAQ page. Also be aware that the questions you ask may be edited and added to our online FAQ page.

## ***Unadvertised Super Bonus!***

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As you can imagine...I get a lot of people asking me if I know of some other betting system that is also profitable. I also get a ton of requests from other betting system site owners to review their systems and recommend it to my clients. But I'm ultra selective when it comes to testing and recommending some other system to my trusted clients. Out of the 133 systems I've reviewed and tested 'live' lately, here's the only one **I urge you** to look into.

**Psst...! Do You Need More  
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